

Academy of Gymnastics and Dance

Fall 2022-Spring 2023

Recreational Class Schedule (Teams & Companies not included)

Classes begin the week of September 6. (Last updated August 5, 2022)

MONDAYS

4:00-4:30	Mommy & Tots (ages 6 months-2 years)*
4:30-5:30	3-4 Year Old Combo
4:45-5:30	5-6 Year Old Gymnastics
5:30-6:30	5-6 Year Old Combo
5:30-6:30	7-10 Year Old Gym N Cheer
5:30-6:30	Showstoppers Dance (1st-3rd Grade/Formerly Bougie)
6:30-7:15	7-10 Year Old Gymnastics
7:15-8:00	11 & Up Gymnastics*

TUESDAYS

4:15-5:15	3-4 Year Old Combo
4:30-5:30	5-6 Year Old Cheernastics
5:30-6:30	5-6 Year Old Whip N Flip
5:30-6:15	3-4 Year Old Gymnastics
6:15-7:15	5-6 Year Old Combo Reserved (first spots reserved for previous Academy combo students)
6:15-7:00	Avengers Gymnastics (Boys)
6:30-7:30	Leaps N Beats Dance (3rd-5th Grade)
6:30-7:30	7-10 Year Old Jammin' with Jerrow
7:00-8:00	11 & Up Gym N Cheer*
7:30-8:30	Ages 11 & Up Hip Hop
7:30-8:45	Advanced Tricks & Turns*
8:30-9:30	Adult Jazz*

WEDNESDAYS

4:00-4:30	Mommy & Tots (ages 6 months-2 years)*
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Wednesdays are primarily used for teams and private dance lessons. If you are interested in a small group class, please contact the front office.

THURSDAYS

4:15-5:15	3-4 Year Old Cheernastics
5:30-6:15	3-5 Year Old Broadway Babies
5:15-6:00	Flip Flop Frenzy (must have a back handspring- no spot)
5:45-6:45	Basic Tricks & Turns*
6:00-6:45	Back Tuck Club (must have a back tuck- no spot)
6:15-7:15	Glow Up Dance (5th-7th Grade)
6:45-7:45	Jazz and Drill (7th-12th Grade)

*NOT IN RECITAL UNLESS OTHERWISE NOTIFIED

Class Descriptions

Adult Jazz	Jazz dance for students ages 18 & Up
Advanced Tricks & Turns	Technique Class for the advanced student
Avengers	Boys' Gymnastics
Back Tuck Club	Gymnastics for students that have a back tuck with no spot
Basic Tricks & Turns	Technique Class for students working on foundations of technique
Broadway Babies	Ballet & Jazz for ages 3-5 with an emphasis on showmanship
Cheernastics	Gymnastics & Cheerleading for students ages 3-6
Combo Class	Ballet, tap & gymnastics technique & choreography for ages 3-6
Combo Reserved	This class is specifically designed for student that have already completed an Academy combo class. The class curriculum will begin with the skills learned previously.
Flip Flop Frenzy	Gymnastics for students that have a back handspring with no spot
Glow Up	Lyrical & Jazz technique and choreography for 5th-7th graders
Gymnastics	Flexibility, coordination and endurance training working through skills such as forward rolls, cartwheels, and handstands and progressing into back handsprings and back tucks as the student's skill level progresses
Gym N Cheer	Gymnastics and Cheerleading for students ages 7 & Up
Hip Hop	Upbeat hip hop technique & choreography
Jammin' with Jerrow	Hip Hop & Gymnastics for students ages 7-10
Jazz & Drill	Jazz & Drill Team technique and choreography for 7th-12th graders
Leaps N Beats	Lyrical, tap & jazz for 3rd-5th grade
Mommy & Tots	Age appropriate music and movement for ages 6 months-2 years (a parent or guardian must stay and participate)
Showstoppers	Lyrical, tap & jazz for 1st-3rd grade (formerly Bougie)
Whip N Flip	Hip Hop and Gymnastics for students ages 5-6

Fees

Registration Fee	\$25 (unless already enrolled on a team, company or summer schedule)
Tuition	\$70 per month (does not include Mommy & Tots) Mommy & Tots- \$30 per month \$25 per month for each additional class
Recital Costume Fee	\$65 per costume (combo classes will have multiple costumes)- This fee is not due until December. You must fill out a recital drop form no later than December 1 if you do not want to participate in our May recital.

Private Lessons

We offer gymnastics, dance and cheerleading private lessons. Private lessons are either semi-private or 1-on-1 private. Please see the front desk to set up your private lesson time.

Semi-Private	\$85 per month (\$75 if enrolled in another Academy class) Up to 3 students for a 30 minute lesson
1-on-1 Private	\$125 per month 1 student with 1 instructor for a 30 minute lesson

HOW TO SIGN UP

Online: academyelite.net
Click on Join Us
Click on Register
Set up online account with Dance Studio Pro
Click on Account
Click on Register for Class

In Person: Our office staff is available:
Mondays 2:00-7:00 PM
Tuesdays 2:00-7:00 PM
Wednesdays 2:00-7:00 PM
Thursdays 2:00-7:00 PM

Phone: 936-637-3547

Email: casey@academyelite.net

